

## Swachhta Pakhwada December 16-31, 2019

**Date: 16.12.2019**

**Name of the Institutes:** ICAR-National Bureau of Fish Genetic Resources  
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**Name of Activity :** Swachhta pledge and briefing of the activities to be organized during the Pakhwada



Swachhta Pakhwada has been organised at the Institute HQ during December 16-31, 2019 with a Swachhta pledge taking ceremony in the Seminar Hall on 16 Dec., 2019. Dr. Kuldeep K Lal, Director, ICAR-NBFGR, read out the Swachhta Pledge for the staff members to take the pledge. After the pledge, briefing of the activities proposed to be organized during the Pakhwada (Dec. 16-31) was discussed and respective in-charges were asked to take initiative in high spirit involving staff members, research scholars and casual workers. It was also decided to make aware the families of the staff members residing in the campus, about keeping residential campus neat and clean. Staffs of Institute at ARTU Centre, Chinhat & staffs at PMFGR Centre, Kochi, also took Swachhatha Pledge.

**Date: 17.12.2019**

**Name of Activity:** Cleanliness drive and review of progress on weeding out old records, disposing of old and obsolete furniture, junk material etc.



On the second day (17.12.2019) of Swachhta Pakhwada-2019, progress on weeding out old records, disposing of old and obsolete furniture, junk material etc. was reviewed. Most of the old records were arranged in a proper and clean manner in record room whereas old, damaged and outdated furniture, cooler cabinets, waste plastic items and other scrap etc were disposed off. Each section of Administrative building/stores were cleaned by the active contribution of staff members and cleaning workers. It was also decided not to place much files on working table but to keep them in chronological order in file cabinets and almirah to ensure smart and tidy look of the office.

**Date:18.12.2019**

**Name of Activity:** Cleanliness drive and awareness programme on reducing single use plastics (SUP) in MBB Division.



On the 3<sup>rd</sup> day (18.12.2019) of Swachhta Pakhwada-2019, cleanliness drive were undertaken in MBB Division in the morning by the active contribution of staff members and cleaning workers. Every lab was cleaned and waste material were disposed-off properly. An awareness programme on reducing 'single use plastics (SUP)' was organised at 3:30 PM in which divisional personnel exchanged their views on the subject. Harmful effects of SUPs on environment and biodiversity was discussed. Scientists and research scholars expressed their worries over leaching of dangerous and carcinogenic chemicals from plastic in soil and water. It was said that plastic life span in the environment may be reduced if we could identify microorganisms capable of degrading the plastic. Dr Ravindra Kumar stressed upon promoting habit of taking cloth bags to market for taking daily house hold materials to reduce burden of SUPs in our surroundings.

**Date: 19.12.2019**

**Name of Activity:** Cleaning drive and Awareness programme on reducing single use plastics (SUP) in institute residential campus.



On the 4<sup>th</sup> day (19.12.2019) of Swachhta Pakhwada-2019, cleanliness drive was undertaken in residential campus of the institute in the morning by the active contribution of family members of staff and cleaning workers. Every lane of residential complexes were cleaned and nearby waste material were disposed-off properly. Staff family members were asked not to litter and not others let litter. Awareness programme on reducing 'single use plastics (SUP)' was also undertaken in the afternoon in which they were told about harmful effects of SUPs on environment and their health. The staff family members specially ladies assured to use cloth or jute bags in place of polythene bags to minimise the use of polythene and plastic made items in their daily as for as possible from today onwards and ultimately will lead to total restriction of single used plastic.

**Date: 20.12.2019**

**Name of Activity:** Cleaning drive and Awareness programme on reducing single use plastics (SUP) in Fish Conservation Division.



On the 5<sup>th</sup> day (20.12.2019) of Swachhta Pakhwada-2019, cleanliness drive was undertaken in Fish Conservation Division of the Institute in the morning by the active participation of Scientists, Students, Staff and Cleaning workers. Every laboratory equipment along-with partition glasses were cleaned to shine, garbage and other lab waste materials were disposed-off properly. Lab members were asked to follow general cleanliness principles. Under awareness drive on reducing 'single use plastics (SUP)' they expressed their commitment towards zero usage of SUPs, keeping in view harmful effects of SUPs on environment and overall health. The staff promised to use cloth or Jute bags in place of polythene bags to minimise the use of polythene and plastic made items in their daily work of life as for as possible from today onwards and ultimately this will lead to total restriction of single used plastics.

**Date: 21.12.2019**

**Name of Activity:** Debate competition on 'Swachh Bharat Abhiyaan has been effective' for the staff members and students



On the 6<sup>th</sup> day (21.12.2019) of Swachhta Pakhwada-2019, a debate competition on topic 'Swachh Bharat Abhiyaan has been effective' was organised for the staff members and students of the institute in the K.C Jayaram Hall in which huge number of staff members and students participated and expressed their personal views. Speakers in favour told that the progress in Swachh Bharat Abhiyaan has been excellent as the result reflects in our surrounding in the form of ODF which has been declared 100% in rural and urban areas of every Indian state and territories by Ministry of Jalshakti. Speakers in opposition mentioned the progress of the abhiyaan is not very much effective till date and people need to change their habits and psychology towards cleaning activities and benefits from sanitation and pollution free atmosphere to breath.

**Date:23.12.2019**

**Name of Activity :** Celebration of Special Day- Kisan Diwas. (Farmer's Day). Experience sharing on Swachhta initiatives by farmers/ civil society/ officials.



On the 7<sup>th</sup> day (23.12.2019) of Swachhta Pakhwada-2019, ICAR-National Bureau of Fish Genetic Resources (NBFGR), Lucknow organized Kisan Diwas at its Aquaculture Research and Training Unit, Chinhat, Lucknow, Uttar Pradesh. During severe cold condition around 50 participants which include farmers, aquaculture worker, nearby civilian society, student, housewife and children attended the programme. Participants shared their experience about cleanness drive on the occasion. Late prime minister of India Shri Chaudhary Charan Singh was remembered on the occasion of Kisan Diwas and his view was shared among the participants with reference to farming and farmer welfare. Importance of Fish and Aquaculture were also discussed among the participants during the programme. Children & Students were shown cartoon film on importance of fish culture at the end of the programme. During the programme Dr. Sharad Kumar Singh, Dr. A. K. Yadav and Shri Sanjay Kumar Singh of the ARTU, Chinhat interacted and replied issue relevant query to the audience. Pamphlets on aquaculture were distributed to the participants.

**Date:24.12.2019**

**Name of Activity :** Cleanliness drive activity at PMFGR Centre, ICAR-NBFGR Kochi



On the 8<sup>th</sup> day (24.12.2019) of Swachhta Pakhwada-2019, PMFGR Centre of ICAR-NBFGR at Kochi, Kerala, took Cleanliness drive activity at Mangalavanam Bird Sanctuary, Ernakulam, where the staff and research scholars of PMFGR Centre cleaned the area around, Managalavanam, and also cleanliness drive activity continued in PMFGR Centre campus where the staff and research scholars cleaned all labs, inside and outside the office premises. Further Dr. V.S. Basheer, Principal Scientist delivered a talk among the staff members on the forenoon on 24.12.2019 on the “Impact of single use plastic in the environment” and how we can reduce its usage.

**Date:26.12.2019**

**Name of Activity :** Painting competition for school children on plastic pollution.

Coordinator: HRD cell, NBFGR.



On the 9<sup>th</sup> day (26.12.2019) of Swachhta Pakhwada-2019, HRD cell, ICAR-National Bureau of Fish Genetic Resources (NBFGR), Lucknow organized, Drawing & painting Competition, in celebration of Agriculture Education Day (Dec. 3, 2019). Today on 26.12.2019 it was decided to finalise the main paintings on awareness about plastics and pollution which may be used along with others for the Institute's Calendar of New year 2020 as an encouragement of the students. The New year 2020 desk-calendar may be given to the winner school students & to the Principals. The competition organised was Drawing & paintings on Theme 1: Plastics & Environmental Health, & on Theme 2: Empowered women for Empowered society. 48 number of students from 8 schools (of Class1-12) participated in these competitions. The theme for essay competition was 'water is life line of civilization', Winner school essay will also find place in Institute Hindi Magazine - Matsya Lok.

**Date:27.12.2019**

**Name of Activity:** Awareness programme on waste management and utilization of kitchen waste in residential campus



On 27.12.2019 the programme under Swachhta Pakhwada-2019 was fixed as to organise awareness programme on waste management and utilization of kitchen waste in residential campus, in this program large number of resident family members and staff personnel participated. It was decided by all residents to ensure judicious utilization of kitchen wastes from each flat. It was suggested that by using kitchen wastes in eco-friendly and economical way we can keep our surrounding green and tidy, as it is most suitable to use kitchen wastes as manures in green areas or kitchen gardens to nourish the greenery near every residential block. People cleaned the maximum area of residential campus and disposed off the single used plastics and other non degradable items properly.

**Date: 28.12.2019**

**Name of Activity:** Awareness programme on water harvesting & recycling



On 28.12.2019 the programme under Swachhta Pakhwada-2019 was fixed as cleaning drive followed by awareness programme on water harvesting and recycling in farm unit. In this program scientists and staff personnel of farm unit participated. Ponds were cleaned properly and mud expelled out for maintaining favourable life conditions for fish in ponds. Staff and cleaning workers cleaned the maximum area of Farm unit and disposed off the single used plastics and other non degradable items properly. Working of water harvesting and recycling system at farm unit was demonstrated by the scientist Dr. Aditya Kumar. He also told about importance and need of such systems for water conservation and advised to think of designing more systems for ensuring judicious use of other natural resources too.

**Date: 30.12.2019**

**Name of Activity:** Cleanliness drive and awareness program on reducing single use plastic in Fish Health and Management Division



On 30.12.2019 cleanliness drive and awareness program on reducing single use plastic was carried out in Fish Health and Management Division. Scientists, staff and cleaning workers cleaned the maximum area of the division and disposed off the single used plastics and other non degradable items properly. Under awareness program on single use plastic reduction HOD, Dr. Gaurav Rathore, informed the gathering about the risk of single use plastic (SUPs) and its substitutes in daily life. He told about bad impacts of using plastics or coloured polythene with edible items and asked to discontinue its usage in daily life. Scientist, Mr. Chandra Bhushan Kumar, explained about global statistics of polythene its reuse and recycle. He sensitized the divisional staff towards cleaning and eco-friendly activities. Other staff members and research scholars also expressed their views regarding importance of cleaning and how to maintain it.

**Date: 31.12.2019**

**Name of Activity:** Organisation of press conference for highlighting the activities of pakhwada and uploading on website.



**Press release**

Swachhta Pakhwada (December 16-31, 2019), program of fifteen days duration, concluded at ICAR-Institute, National Bureau of Fish Genetic Resources (NBFGR), Lucknow, on 31.12.2019 with the review of activities under taken during the fortnight.

The program began with the Swachhata pledge by all staff members including two centres at Kochi and Chinhat, administered by the Director, of the institute, Dr. Kuldeep K. Lal at Lucknow HQ. The Swachhta Pakhwada was celebrated by all the staff with full enthusiasm and staff's contribution is reflected in the campuses & surroundings. Cleanliness drive in the institute campus, nearby localities and awareness programs towards cleanliness, eco-friendly activities and restricting the use single use plastics (SUPs) were main activities of the swachhta pakhwada. Students & farmers visited the campus during the period were sensitized about the aquatic life, a balance eco-system contributes towards a healthy human life and society: Health is Wealth. The invited farmers during celebration of Kisan Divas (Dec. 23) were told about wealth generation through waste utilisation, saving of money & strengthening sustainable approach through minimum use of single use plastics, water conservation through minimum required and judicious use of water through recycling and water harvesting at farm level. The Swachhta Pakhwada sensitization has motivated the staff for friendly behaviour with nature & conserve natural resources and will play a significance role in completing the task of FAO's sustainable development Goal: Life below water, Life on land and Clean water & Sanitation. The daily program report submitted to SMD, ICAR, New Delhi & fifteen days long program was coordinated by Dr. Achal Singh, Principal Scientist & Nodal HRD, Dr. Akhilesh Kumar Mishra, STO and Mr. Sandeep.